

# **The Core Perspective-Game of Substance: PREPARATIONS**

## **The Core Perspective-Game of Substance-29 Core Values**

**The following is a list of the 29 solid core values used in the Game of Substance and The Core-Focused Renewal system:**

**appreciation, insightfulness, neutrality, integrity, respectfulness, personal truths, trustworthiness, openness, kindness, compassion, empathy, faithfulness, fidelity, honesty, honor, understanding, justice, perseverance, resiliency, flexibility, allowing, forgiveness, releasing, courage, personal boundaries, patience, humility, supportiveness, acceptance**

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